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0 1

## Defence against a grab and stab: Modern Defensive Tactics Australia

A longtime martial artist and security professional, Karl Thornton today teaches the Modern Defensive Tactics Australia system to the general public as well as security and law-enforcement personnel. When not instructing, he is deployed into some of the world's most high-risk environments, which is why "MDTA is about reality-based training," he says.

Thornton was awarded the Medaille OTT by the International Bodyguard Association, which is given for meritorious and protective service in an 'area in conflict' (these include Iraq, Afghanistan, Balkans, Thailand, Northern Ireland, PNG, and much of Africa). He is also a registered instructor with Geoff Thompson's World Combat Association and runs a WCA-approved syllabus.

Thornton is currently one of the specialist instructors assisting Raw Impact with their Tactical Operations Training programme with the Cambodian National Police, Anti-Human Trafficking and Criminal Investigation divisions.

He also heads up a specialist team for Silent Integrity Inc., dealing in surveillance, intelligence and rescue operations throughout South East Asia.

### Q&A Karl, how would you describe your martial art in terms of its combative principles and approach?

MDTA is a combatives system — a reality-based self-protection and self-preservation system. It focuses on the physiology and psychology of violence, and what we at MDTA call your 'primal survival skills'.

We deal with the FACTS — that is, Fear, Adrenaline, Conditioning, Techniques, and Strengths — as they relate to the specific individuals we train.

MDTA systems are designed to be diverse and applicable to real-life situations. We cover strategies ranging from open-hand, non-pain-compliance methods, through to full defensive techniques and potential lethal force applications used by law enforcement and special operations personnel.

We also focus heavily on the law, and how it relates to self-defence and the defence of others. We train in assertive control, and the dynamics and principles of environmental and situational awareness. Training in the reality of survival under real duress and stress — that's what we're about. ■



1 Thornton is confronted by a man who pulls out a knife as he rushes forward...



2 ...and grabs Thornton's shirt as he starts to stab from underneath. Thornton covers low...



3 ... jamming the stabbing arm and simultaneously palm-striking the attacker's face. Launching into the attacker...



4 ...with a continuous flow, Thornton secures the stabbing arm with an underhook arm-control technique while elbowing the attacker on the jaw line with full force.



5 Still controlling the attacker's knife arm, Thornton strikes the attacker's head again with a hammer-fist to upset his cognitive processing and diminish his capability...



6 ...then turns to seize the attacker's wrist with both hands, rotating it over to straighten it and keep taking the attacker downward...



7 ...then stomps through the attacker's knee to take him down.



# REAL

## STREET SURVIVAL SKILLS



8

Even though the attacker has been neutralised, Thornton uses joint manipulation to remove the knife...



9

...then steps away and looks to secure the area.

<p>This DVD deals with more advanced knife defense tactics including the dreaded rear hand pump and stab while being grabbed by the left hand. No "techniques" to memorize, no fluff, just plain truth on defensive knife attacks. DVD \$64.95 RRP</p>	<p>This DVD contains 10 all new Senshido Drills to enhance your street survival skills. Drills include: detailed opportunity drill, multiple attacker drill, distraction drill, advanced lock &amp; target enhancement, pistol punching drill, awareness drills and much more! DVD \$64.95 RRP</p>	<p>New Shoulder developments to enhance your skills; on the ground, vs weapons, vs impact. Drills, reflexive response &amp; more. DVD \$64.95 RRP</p>	<p>120-min DVD + manual. Teaches the Shoulder, Richard Dimmick's scientifically based, proven survival concept in full detail. Enhance your survivability no matter your style. Live demos, applications &amp; reality-based drills. DVD \$89.95 RRP</p>	<p>100 pages. One of the best books ever written on self-defense. Covers pre-contact psychology, fear &amp; stress management, steps to survive violence, overall mentality, ranges, adrenal-stress conditioning, drill training &amp; more. BOOK \$39.95 RRP</p>
<p>Covers static knife &amp; gun threats, rope-strangulation from behind, baseball bat attacks &amp; more. Gun-defense principles, call-mindness, psychology of armed attackers, natural stances, perception time, setups, counters &amp; more. DVD \$49.95 RRP</p>	<p>Covers Sorahiko's 5 principles of retaliation, natural stances, the passive stance, follow-up responses, tactical defence drills, verbal de-escalation strategies, the psychology of violence, tactics to prevent aggression &amp; more. DVD \$49.95 RRP</p>	<p>This DVD deals with more advanced knife defense tactics including the dreaded rear hand pump and stab while being grabbed by the lead hand. No "techniques" to memorize, no fluff, just plain truth on defensive knife attacks. DVD \$64.95 RRP</p>	<p>NCF another grappling tape: Resistant ground fighting tactics &amp; concepts against large opponents start on having you down. Also, no-compliance drills against take-downs/grappling, for inner survival, not sport. DVD \$34.95 RRP</p>	<p>Over 170 pages. For women's complete guide to personal protection. Covers survival mentality, sexual harassment, men to watch out for, behavioural cues, psychology of attackers, verbal abuse, belief systems &amp; much more. BOOK \$39.95 RRP</p>

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